



Physical Education

Course Syllabus

Mrs. Becca Glover • rglover@utahvirtual.org • 435.817.9946

This 10-week course is filled with opportunities for you to boost your fitness levels. You will do what works best for YOU to learn about your body. Use this class as a tool for you to compare yourself to your past self and achieve your goals. Become a better person, a better student, and a better you.

Attendance Policy:

Students are expected to log in to this course daily. While the length of time that students spend working on assignments may vary, the expectation is that you will spend approximately 60 to 75 minutes on coursework each day.

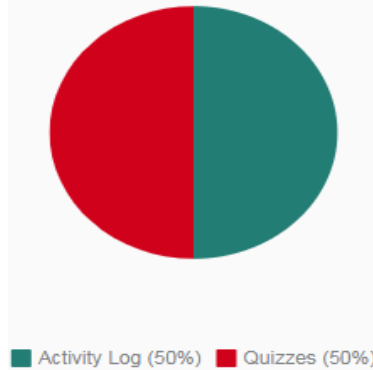
OFFICE HOURS

Tuesdays & Thursdays
1:00-2:30pm
or by appointment

Student Responsibilities:

- *Attend Live Class Connects
- *Read announcements daily
 - *Review the Calendar
- *Complete all lessons and assignments (refer to Class Plan)
- *Submit assignments on time
- *Post questions to the Raise Your Hand or email the teacher.

Class Assignments:



Late Work Policy:

Graded assignments are due no later than 12:00 am (midnight MST) the day they are due for full points.

Assignments not submitted by the due date will be accepted with a reduction of 25%.

Academic Integrity



Students who submit work as their own, when it is not wholly and completely their own, are guilty of cheating and/or plagiarism and will receive a grade of zero on the entire assignment. If the infraction occurs more than once, the administration will be alerted to get involved.

About Your Teacher:

Mrs. Glover was born and raised in Cedar City, Utah. She attended Southern Utah University for her Bachelors and Master's degree. She is married to Kerry and they have a beautiful two-year-old daughter named Aubree. When she isn't in front of a computer you can find her golfing, or hunting in beautiful Southern Utah.

Grading:

A+

Assignments will be graded promptly upon submission. If your grade is an A or B before Sunday night at 9pm you will be excused from attending live class that week. You will still be responsible to watch the recording and complete the quiz. A- 90-100, B- 80-90, C- 70-80, D- 60-70, F- 50 and below.

I Want to Know More:

GREAT! Go read the "Guide to Ace this Class" located in the Course Materials.

Participation Skills M 8-8:30
Lifetime Activities T 8-8:30
Fitness for Life W 8-8:30

*No changes will be made without notice being given in the Course Announcement area. Students with documented IEPs or 504 plans will be given accommodations appropriate for their individual plans. Contact the school's Special Education department for more information.